

Guidelines for Laboratory Research During Current COVID-19 Pandemic

Wear all required PPE including face covering.
Change disposable gloves often and do not reuse.



Reduce or eliminate the use of headphones, iPod and cell phones.



Do not share pens/pencils. Carry a pen with you for your own use.



Wash your hands, even when you think you do not need to do so.



Do not share lab coats and do not pile used lab coats up with clean ones. Have your lab coats laundered.



Clean your phone/cellphone and do not take your cell phone with you to the restroom.



Only one person should be allowed in cell culture rooms at one time. No more than two individuals in the break room at one time.



Sneeze/cough into your elbow.

